



# “Lithuania Open 2020” International Taekwondo Championship



**Date:** 25/04/2020

**Venue:** TBA - Vilnius culture, entertainment and sports palace / Druskininkai Olympic Centre

**Address:** TBA - Žirmūnų g. 1E, Vilnius, Lithuania / Olympic Centre, Druskininkai, Lithuania

**Organizer:** Lithuanian Taekwondo Federation

+370 670 217 01, [taekwondolt@yahoo.com](mailto:taekwondolt@yahoo.com), [www.taekwondo.lt](http://www.taekwondo.lt)

**Deadline:** 22/04/2020 (or 300 contestant limit)

**Registration:** [TPSS](#) (TaekoPlan Subscription Site)

**Official Hotel:** 23 € person/night

**Hotel reservation deadline:** 15/04/2020

**Hotel reservation requests:** [taekwondolt@yahoo.com](mailto:taekwondolt@yahoo.com)

**Visa request deadline:** 01/04/2020

**Competition start:** 10:00

**Registration and weigh-in:**

24/04/2020 – Friday 20:00 - 21:00 in the official hotel

25/04/2020 – Saturday 8:00 - 9:00 in the venue (contestants not matching their weight will be disqualified)

**Rules:** WT, LTF

Cadets, Juniors and Seniors will use electronic headgear and video replay will be provided.

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> places, 3 best teams and the best contestant.

**Entry fee:** Regular – 25 €.

Weight change during registration on 24/04/2020 – 10 €.

For contestants without a MNA license – extra 10 €.

**Categories:**

Class B – without head contact

Class A – with head contact

Age Category	Rounds	Sex	Weight (kg.)
Small Kids (2012-2013) Class B only	2 x 1min (30sec break)	Male and Female	-24, -27, -30, -33, -36, -40, -44, -48, -52, -57, +57
Kids (2009-2011) Class A and B	2 x 1.5min (30sec break)		
Cadets (2006-2008) Class A and B	3 x 1min (45sec break)	Male	-33, -37, -41, -45, -49, -53, -57, -61, -65, +65
		Female	-29, -33, -37, -41, -44, -47, -51, -55, -59, +59
Juniors (2003-2005) Class A only	3 x 1.5min (1min break)	Male	-48, -55, -63, -73, +73
		Female	-44, -49, -55, -63, +63
Seniors (2003+) Class A only	3 x 1.5min (1min break)	Male	-58, -68, -80, +80
		Female	-49, -57, -67, +67

Categories with less than 4 contestants will be merged with the closest upper category if possible.

Participants must have an insurance and consent of their parents (under 18). All competitors are considered to participate at their own risk. LTF assume no responsibility for any damages, injuries or losses.

WT approved headgear, groin, forearm and shin protectors, gloves and mouth guard must be brought by the contestants, which is compulsory. Contestants fight in DaeDo EBP and need to wear sensor socks. Electronic body protectors and headgear will be provided by LTF.

Referees are welcome. International referee will get 25 €, 1 night accommodation in the official hotel and a meal during the competition day.