Promoter: Latvian Taekwondo Federation
Raunas iela 44 k-1, Riga, LV-1039
www.taekvondo.lv

Organizer: Sports Club “Hansu”
Raunas iela 44 k-1, Riga, LV-1039

Contact person: Viktoras Malishauskas
E-mail: ltkf@inbox.lv
Telephone: +371 29 557 526

Competition Date: February 1st 2020

Venue: Rigas 64. vidusskola
Burtnieku iela 34, Riga, LV-1084

Competition Rules: WT Competition Rules

Liability: Teams are obliged to insure their contestants. Competitors are to participate at their own risk. The organizers do not accept responsibility for any damages, injuries or losses sustained or incurred. Competitors must bring their own documents and forms for any medical treatment in Latvia. Competitors must have a valid sports insurance.

Registration and weigh-in: January 31st 2020
19:00 - 21:00
Latvian Taekwondo Federation
Raunas iela 44 k-1, Riga, LV-1039

Weigh-in (no changes allowed): February 1st 2020
8:00 - 8:30
Rigas 64. vidusskola
Burtnieku iela 34, Riga, LV-1084
Kyorugi Weight Divisions:  
Class B - without head contact.  
Class A - with head contact.

**Kids Marvel** (2012 - 2014) class B, 8th-10th Kup ONLY  
| Male and Female | -23kg | -25kg | -27kg | +27kg |

**Kids Small** (2010 - 2011) class A and B, 9th Kup and higher  
**Kids** (2009 - 2010) class A and B, 9th Kup and higher  

| Male and Female | -27kg | -30kg | -33kg | -36kg | -40kg | -44kg | -48kg | -52kg | -57kg | +57kg |

**Cadets** (2006-2008) class A and B, 7th Kup and higher  

| Male | -33kg | -37kg | -41kg | -45kg | -49kg | -53kg | -57kg | -61kg | -65kg | +65kg |
| Female | -29kg | -33kg | -37kg | -41kg | -44kg | -47kg | -51kg | -55kg | -59kg | +59kg |

**Juniors** (2003-2005) class A and B, 5th Kup and higher  

| Male | -48kg | -55kg | -63kg | -73kg | +73kg |
| Female | -44kg | -49kg | -55kg | -63kg | +63kg |

Categories with less than 4 competitors will be merged if possible.

**Poomsae:**  

<table>
<thead>
<tr>
<th>Class B (10th-8th Kup)</th>
<th>Class A (7th-4th Kup)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kids (2012 - 2014)</strong></td>
<td>Taeguk 1, 2 jang</td>
</tr>
<tr>
<td><strong>Kids (2010 - 2011)</strong></td>
<td>Taeguk 1, 2 jang</td>
</tr>
<tr>
<td><strong>Kids (2009 - 2010)</strong></td>
<td>Taeguk 1, 2 jang</td>
</tr>
<tr>
<td><strong>Cadets (2006 - 2008)</strong></td>
<td>Taeguk 1, 2 jang</td>
</tr>
<tr>
<td><strong>Juniors (2003 - 2005)</strong></td>
<td>Taeguk 1, 2 jang</td>
</tr>
</tbody>
</table>
**Equipment:** All competitors will be provided with DaeDo electronic body and head protectors at the time of competition, but they must supply their own DaeDo sensor socks. Competitors must also provide and wear WT recognized groin/forearm/shin-guards and gloves.

Kids will use closed helmets. Mouth guard is obligatory for Cadets and Juniors. Kids Marvel do not need sensor socks.

**Mode:**
- Kids Marvel: 1x1min.
- Kids B and A: 2x1min (30sec break).
- Cadets: 3x1min (30sec break).
- Juniors: 3x1.5min (30sec break).

The Organization Committee can adjust the competition.

**Awarding:** 1st, 2nd and two 3rd places will be awarded with a medal and a certificate.

**Applications:** Registration for Kyorugi via TaekoPlan Subscription Site (TPSS)

**DEADLINE - January 29th 2020**
Changes during the registration and weigh-in - extra 5 EUR

**Entry Fee:**
- Registration fee - 25 EUR for each contestant except Kids Marvel.
- Registration fee for Kids Marvel - 20 EUR.
- Registration fee for Poomsae - 20 EUR.
- Registration fee for contestants competing in two categories - 35 EUR.

Registration fee must be paid before or on Friday, January 31st. The fee will be doubled if paid on Saturday, February 1st.

Extra 10 EUR will be charged for Latvian competitor without an LTKF ID card.
## Event Timetable
*(subject to change)*

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday January 31&lt;sup&gt;st&lt;/sup&gt;</td>
<td>19:00 - 21:00</td>
<td>Registration and weigh-in</td>
<td>Latvian Taekwondo Federation</td>
</tr>
<tr>
<td>Saturday February 1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>08:00 - 08:30</td>
<td>Weigh-in (no changes allowed)</td>
<td>Rīgas 64. vidusskola</td>
</tr>
<tr>
<td></td>
<td>09:00 - 12:00</td>
<td>Preliminaries</td>
<td>Rīgas 64. vidusskola</td>
</tr>
<tr>
<td></td>
<td>13:00 - 16:00</td>
<td>Preliminaries/Semi-finals</td>
<td>Rīgas 64. vidusskola</td>
</tr>
<tr>
<td></td>
<td>16:00 - 17:00</td>
<td>Finals</td>
<td>Rīgas 64. vidusskola</td>
</tr>
<tr>
<td></td>
<td>17:30</td>
<td>Awarding ceremony</td>
<td>Rīgas 64. vidusskola</td>
</tr>
</tbody>
</table>