

OUTLINE

KYORUGI AND POOMSAE AMBASSADOR'S CUP

October 26th 2019



(Photo by Elina Glad)



SUOMEN TAEKWONDOLIITTO RY
THE FINNISH TAEKWONDO FEDERATION



Welcome to Ambassador's Cup 2019 organized by The Finnish Taekwondo Federation and Malmin Taekwondo Ry in co-operation with the Embassy of the Republic of Korea to Finland!

Date: Saturday 26th of October 2019

Venue: Tikkurila Sports Park/
Trio Sport Center
Läntinen Valkoisenlähteentie 52
01300 Vantaa
Finland

KYORUGI

Categories: Kids, Cadets, Juniors, Seniors and Masters both beginners and advanced players.
Single elimination system (cup) is applied in all categories.

Registration: All registrations through www.revelagesports.com .
Deadline for entries is the 12th of October 2019.

Every competitor must enroll to weigh-in at competition venue.
Please check the schedule of weigh-in times.

Entry fees:

Category	Entry fee
Kids' categories (E1,D2,D1,C1,B2)	35 €
Adult beginners (H) and Masters (S30)	35 €
Cadets (C1), Juniors (B1) and Seniors (R)	45 €

Please pay the entry fees by card (credit or debit, in euros only) at the registration.

Kids & Juniors

Category	Age	Duration	Weight classes
E1-kids No head contact	6-8 y. 2010-2012	2 x 1,5 min rest 30 sec	Girls/Boys: 26, -30, -34, -38, -42, -46, +46
D2-kids Beginners, no head contact	9-11 y. 2007-2009	2 x 1,5 min rest 30 sec	Girls/Boys: -26, -28, -30, -34, -37, -40, -43, -46, -50, +50
D1-kids WTF rules, except no knockouts allowed	9-11 y. 2007-2009	2 x 1,5 min rest 30 sec	Girls/Boys: -26, -28, -30, -34, -37, -40, -43, -46, -50, +50
C2-kids Beginners, no head contact	12-14 y. 2004-2006	2 x 1,5 min rest 30 sec	Girls: -36, -42, -48, -52, -58, +58 Boys: -38, -44, -50, -56, -62, +62
C1-cadets (Cadets) WTF rules, except no knockouts allowed	12-14 y. 2004-2006	3 x 1,5 min rest 30 sec	Girls: -29, -33, -37, -41, -44, -47, -51, -55, -59, +59 Boys: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65
B2-juniors Beginners Head contact optional	15-17 y. 2001-2003	2 x 1,5 min rest 30 sec	Girls: -44, -49, -55, -63 +63 Boys: -48, -55, -63, -73, +73

Adult beginners

Adults (H) Head contact optional	+17 y. 2001 or earlier.	2 x 1,5 min rest 30 sec	Female: -49, -57, -67, +67 Male: -58, -68, -80, +80
Seniors (S30) Head contact optional	+30 v. 1988 or earlier	2 x 1,5 min rest 30 sec	

Juniors and Seniors

Juniors(B1) WT rules	15-17 y. 2001-2003	3 x 1,5 min rest 30 sec	Female: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68 Male: -45, -48, -51, -55, -59, -63, -68, -73, -78, +78
Seniors(R1) WT rules	+17 y. 2001 or earlier	3 x 1,5 min rest 30 sec	Female: -46, -49, -53, -57, -62, -67, -73, +73 Male: -54, -58, -63, -68, -74, -80, -87, +87

Qualification and liability:

The athletes must represent their own club. It is the responsibility of each club to ensure that sufficient insurance coverage has been taken out for all officials and participants. Kids under 18 years old must have approval from their guardians to participate

in the contest. Participants in beginners' categories have to be at least holders of 8th kup belt and participants in advanced categories must be at least holders of 6th kup belt.

Club coaches are responsible to add their competitors in categories of correct skill level. Competition's Jury has a right to cancel a player's participation in beginners' categories if the player has been entered in a category of wrong level considering players age, level of skill, experience, and the safety of other competitors in the same category. The Jury's decision is final and entry fees will not be returned.

Competition rules:

World Taekwondo's Official Competition Rules and Guidelines.

Explanation: WTF competition rules as implemented in Finland. For further information regarding the competition rules, please contact the referee director of the competition.

Daedo PSS (Gen. 1) will be used at this Tournament and will be provided by the Organizing Committee. All athletes must bring their own Daedo sensor socks

Video replay will be used in Cadet, Junior and Senior categories. Head gears, groin/forearm/shin guards and gloves are mandatory and must be brought by the contestants. Mouth piece is also mandatory (only white or transparent)!

Preliminary schedule:

Friday

18.00-20.00 Registration

18.30-20.00 Weight-in, open for all competitors.

Saturday

07.00-08.00 Registration

07.15-08.15 **Weigh-in, only for C1-, B1- and R-categories**

08.15-08.30 Referee meeting

08.30-08.45 Head of Team meeting

09.00-18.00 **Fights** (E1, D1, D2, B2, H and S30)

12.00-13.00 Lunch

12.00-12.30 **Weigh-in, only for C1-, B1- and R-categories**

13.00-18.00 **Fights** (C1, B1, R1)

The Organizer reserves the right to make changes to schedules. The schedule will be updated to Finnish Taekwondo Federations web site at

<https://www.suomentaekwondoliitto.fi/tkd40vsuomessa/ambassador-s-cup-liigafinaalit/>

Please note a random weigh-in on Saturday will be held for those who attended the weigh-in on Friday. The list for competitors

selected to the random weigh-in will be published and in the webpage of the competition on Saturday morning. The time of the random weigh-in will be published later.

POOMSAE

Categories: Official, beginners, and kids

Registration: Please make registrations through www.tpss.eu .
Deadline for entries is 12th of October 2019.

Entry fees:

Categories	Fee	
Kids	35 €	Individual, pair
Beginners	35 €	Individual, pair, team
Official	35 €	Individual, pair, team

Participating in more than one kids' or beginners' category costs 50 € per competitor, regardless of how many categories the person participates in. In official categories, the fee is 35 € per individual, pair, or team for every category.

Please pay the entry fees by card (credit or debit, euros only) at the registration.

Categories: Official categories

Categories	Age	Gender
Cadets	12-14 y.	Girls and boys in their own categories
Juniors	15-17 y.	Girls and boys in their own categories
Under 30	18-30 y.	Women and men in their own categories
Under 40	31-40 y.	Women and men in their own categories
Over 40	+41 y.	Women and men in their own categories
Pairs under 17	12-17 y.	One (1) girl and one (1) boy
Pairs under 30	18-30 y.	One (1) woman and one (1) man
Pairs over 30	+31 y.	One (1) woman and one (1) man
Teams under 17	12-17 y.	Three (3) girls or three (3) boys *
Teams under 30	18-30 y.	Three (3) women or three (3) men *
Teams over 30	+31 y.	Three (3) women or three (3) men *
		*Female and male teams compete in the same category.
Freestyle individual	+12 y.	Women and men in their own categories
Freestyle pair	+12 y.	One (1) woman and one (1) man

The age limit for each division is based on the year, not on the date, when the competition is held. For this year, a person born between January 1st 2002 and December 31st 2004 is eligible to participate in the junior category.

Beginners (no age limit)

Categories	Belt	Gender	Poomsae list
Yellow belts	8th–7th kup	Separate categories for females and males	Taegeuk 1-4 Jang
Green belts	6th–5th kup		Taegeuk 2-6 Jang
Blue belts	4th–3rd kup		Taegeuk 4-8 Jang
Red and black belts	2nd kup – 2nd dan		Taegeuk 6-8 Jang, Koryo, Keumgang, Taeback
Diesel, over 30 y.	8th kup – 9th dan		Taegeuk 4-8 Jang, Koryo, Keumgang, Taeback
Pairs, lower belts	8th–5th kup	Mixed	Taegeuk 2-6 Jang
Pairs, higher belts	4th kup – 2nd dan	Mixed	Taegeuk 5-8 Jang, Koryo
Teams, beginners	8th kup – 2nd dan	Mixed	Taegeuk 4-8 Jang, Koryo
Freestyle, beginners	8th kup – 2nd dan	Mixed	
Para Poomsae	8th kup – 2nd dan	Special, see below	Taegeuk 1 Jang – Shipjin

Kids (under 13 years old)

Categories	Belt	Gender	Poomsae list
Yellow belts	8.-7. kup	Mixed	Taegeuk 1-4 Jang
Green belts	6.-5. kup	Mixed	Taegeuk 2-6 Jang
Blue belts	4.-3. kup	Mixed	Taegeuk 4-8 Jang
Red- and black belts	2.kup-2. poom	Mixed	Taegeuk 6-8 Jang, Koryo, Keumgang, Taeback
Pairs	8.kup-2. poom	Mixed	Taegeuk 2-6 Jang

Kids (under 13 years old) can participate both in the kids' and beginners' categories. Competitors competing in the official categories cannot compete in the kids' or beginners' categories.

In the beginners' pair and team categories the players can be of the same or of different gender. If the players in a pair are of different belt grade groups, they compete in the pairs, higher belts category.

In case there is a low number of competitors in the kids' or beginners' categories, the organizers may combine categories if permitted by the referee director. If two categories are combined, the players will perform poomsae according to the category they were originally registered to.

Rules:

The WT Poomsae rules (as of March 19, 2014) will be used except as noted below.

- A competitor participating in any official category cannot participate in kids' or beginners' categories
- The compulsory poomsae for the official categories will be drawn and published on the competition's website on Friday the 25th of October before 8 pm. The poomsae lists are as described

in Article 8 of the WT Poomsae rules, except for the following: in individual over 40 the WT list for individual under 60 will be used, and in the pairs and teams under 17 the WT lists for junior pairs and junior teams, respectively, will be used.

- In the official categories, only a final round will be held if there are eight (8) or fewer competitors. If there are nine (9) or more competitors, a semi-final round will be held, and the eight (8) players with the highest score will advance to the final round. In the final round, two (2) drawn poomsae will be performed. In the semi-final round, only one (1) poomsae will be performed.
- In the kids' and beginners' categories only the final round will be held regardless of the number of competitors. Each competitor will perform two poomsae. The poomsae are free of choice from the poomsae list of the category, except that the same poomsae cannot be performed twice by the player. In kids' categories the player is allowed to perform the same poomsae twice if it's the lowest poomsae on the list.
- Prizes: one (1) gold medal for the first place, one (1) silver medal for the second place, and one (1) bronze medal for the third place. No medal will be awarded for the fourth place.

For Para Poomsae, the WT Para Poomsae rules (as of January 1st 2017) will be used except as noted below:

- There will be no on-site classification. The registered classification will be accepted as such.
- Athlete entry via TPSS. In addition, para-athletes classification (P10, P20, P30 etc.) must be sent via email to tatu.iivanainen@taekwondo.fi.
- The categories will be formed based on the registered players. Players within same sport class may be put in a single category regardless of age or gender, but not across sport classes.
- The players will perform two free-of-choice poomsae from Taegeuk 1 Jang to Shipjin, just like the rest of the beginners' categories. The same poomsae may be performed twice.
- Deductions described in Article 8.4 will not be used. For P20 categories, bonus points described in Article 8.1 will be used.
- The method of competition will be single elimination tournament system.

Preliminary Schedule: Saturday
07.00 Doors are opened.
07.00-08.00 Registration for competition
08.00-08.30 Referee meeting
08.30-09.00 Head of Team meeting
09.00-18.00 Competition
12.00-12.45 Lunch

The Organizer reserves the right to make changes to schedules.
The schedule will be updated to Finnish Taekwondo Federation's
web site at

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