



## Open Challenge Cup POOMSAE

Saturday - Februari, 29<sup>th</sup> 2020  
Tongeren / Belgium



Individual Pomsae, Pairs, Teams.  
Freestyle Pomsae, Para Pomsae.

### **BTF RANKING TOURNAMENT**

Organisation: Tkd Academy Ge-We under the auspice of Taekwondo Vlaanderen - BTF  
With the cooperation of the sport council and the sport department of Tongeren.

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Dear Instructor/Secretary/Taekwondo friends,

It is our pleasure to invite you and your team to participate in the Open Challenge Cup Pomsae 2020 which will be held in Tongeren, Belgium.

We hope that You all will enjoy the Championships as well as a great stay in Tongeren, the oldest town in Belgium. We are looking forward to meet you then.

**In previous years we have had the great pleasure to welcome teams from** Belgium, Austria, Australia, Czech Republic, Denmark, Estonia, France, Germany, Greece, Israel, Italy, Ireland, Serbia, Hungary, Poland, Luxemburg, Portugal, Spain, Switzerland, United Kingdom,

**Registrations:** Can only be made using the online subscription site TPSS. To login and register please visit: [www.tpss.eu](http://www.tpss.eu)

**Deadline:** Sunday February 23<sup>th</sup> 2020!!!

Entry Limit: In order to provide a high quality championships, the entries will be limited to no more than 300 entries. If we reach this number before the deadline, the online registration will be closed earlier.

**A- Class: BY DRAWING OF LOTS**

**B, C & D-Class: FREE TO CHOOSE**

but required to register at [www.tpss.eu](http://www.tpss.eu) before 23/02/2020

All competition areas are with electronic points system for pomsae competition.  
Each coach will receive a poule list with a complete time table.

If you require any further information, please do not hesitate to contact us.

Bruno Graziano: Tournament Director

Phone +32 (0)11/31.49.41 Mobil + 32 (0)475/61.38.39 E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

**Information download programma 2020. Visit our website video OCC 2019:** [www.challengecup.be](http://www.challengecup.be)

**Referee Coordinator Mustapha Moutarazak** E – mail: [m.moutarazak@hotmail.com](mailto:m.moutarazak@hotmail.com)



Place	Sportcomplex: “Sportoase Eburons Dome” Vrijheidweg 9,3700 Tongeren (Oost), Belgium Phone: +32 (0)12/39.31.11
Date	Saturday, Februari 29 <sup>th</sup> 2020
Licence	<u>Belgian participants</u> must be in possession of a valid taekwondo license 2020 delivered by one of the regional recognized and subsidized unisport federations that offers WTF-taekwondo. <u>Foreign participants</u> must be in possession of a valid license 2020 of a recognized taekwondo federation that offers WTF taekwondo
Rules	VTB/WTF rules <a href="http://www.taekwondo.be">www.taekwondo.be</a> (see downloads) <a href="#">Regulation for spectators</a> , see RIO VTB vzw and <a href="#">disciplinary regulations VTB vzw</a> Competition Rules: WTF / VTB <a href="http://www.taekwondo.be">www.taekwondo.be</a> VTB vzw en RIO VTB vzw
System	Cut off system: + 20 competitors 3 rounds: from the preliminary round 50% goes to semi-finals) 9/19 competitors 2 rounds: the best 8 goes to the final Categories: 8 competitors final round:
Forms	1st round: 1 taegeuk 2nd round: 1 taegeuk 3th round: (final) 2 taegeuks (exception: D-category: 1 taegeuk)
Graduation A/B/C/D	<u>A-category:</u> 1 <sup>st</sup> Poom / Dan and higher. <u>B-category:</u> 4 <sup>th</sup> Kup until 1 <sup>st</sup> Kup <u>C-category:</u> 8 <sup>th</sup> Kup until 5 <sup>th</sup> Kup <u>D-category:</u> 10 <sup>th</sup> kup until 9 <sup>th</sup> Kup
Categories	Competitors shall be allowed to participate in one or more divisions. Individual, Pair, Team Division <u>Free Style Poomsae: Individual, pair and team division – only for A-categories!!</u> Para-taekwondo  <b>A-Class : BY DRAWING LOTS</b> – announcement on <a href="http://www.taekwondo.be">www.taekwondo.be</a> on 26/02/2020  <b>B, C &amp; D-Class : FREE TO CHOOSE</b> – but required to register at <a href="http://www.tpss.eu">www.tpss.eu</a> before 23/02/2020

All age categories in the competition are based on the year of birth. For example, if someone is 17 years old on the day of the competition but will become 18 before the end of the year (2020) then he/she will participate in the category of 1<sup>st</sup> Seniors (18-30 years old).

**Individual** (Male/Female separate): A, B, C, D

Age: till 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y

**Pair** (1 male + 1 female): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Team** (3 male or 3 female– not mixed): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Para-Taekwondo** – only individual (male/female separate): A category and BCD (1 group)

Individual: A: age: till 17y, ≥ 18y

B+C+D (1 group): age: till 17y, ≥ 18y

Each participant is free to choose a poomsae. One round only.

**Free Style** – Individual (male/female separate), Pair (1 male+1 female),

Team (3 male or female), Mixed team (2male+3female or 3male+2female)

ONLY A/B-categories!!

**Individual** A: till 17y, ≥ 18y

**Pair** A: till 17y, ≥ 18y

**Mixed team** A: All ages

Music min. 60 sec – max. 70 sec – **bring your music on CD or USB**

Obligatory Dwit kubi, Beom seogi, Hakdari soegi

**Deadline**

**February 23<sup>th</sup> 2020!!!** Or if the maximum capacity of 300 participants has been reached

Time Table

**Friday 28<sup>th</sup> Februari 2020, 18:30 – 20:00: registration at the Sport Hall**

**Saturday 29<sup>th</sup> Februari 2020**

**07:30 – 08:30: registrations!!!**

09:00 – 09:30: Referee meeting

09:45 – 10:00: Coach meeting

10:30: start contests

18:00: awarding ceremony

The detailed time schedule will be available at the registration

Entry Fee

**Individual: € 25,- Pairs: (2) € 35,- Teams: (3) € 35,-**

Spectators Adult € 7,00 Childeren – 10 year admission free

Head of team is granted free admission only for national teams.

**Entry fees must be paid by bank in advance: Before February 20th 2020!!!**

Name: Taekwondo Academy GE-WE Wellen

**Account number: IBAN BE15 0011 9676 9630 / BIC: GEBABEBB**

**Mentioning: OCC Poomsae 2020, name team + number of participants individual, pair. & team**

**Payment on the day of the tournament is 30€ for each contestant (individual).**

**Awards** To all winners of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place - Teams 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> place  
Teams: Gold m. 7 points, Silver m. 3 points, Bronze m. 1 point

**Hall Rules** Only the competitors and their coaches have admittance by the registration cards to the contest areas. One coach for every five competitors has free admission with a maximum of 3 coaches per team. Only in sportswear.

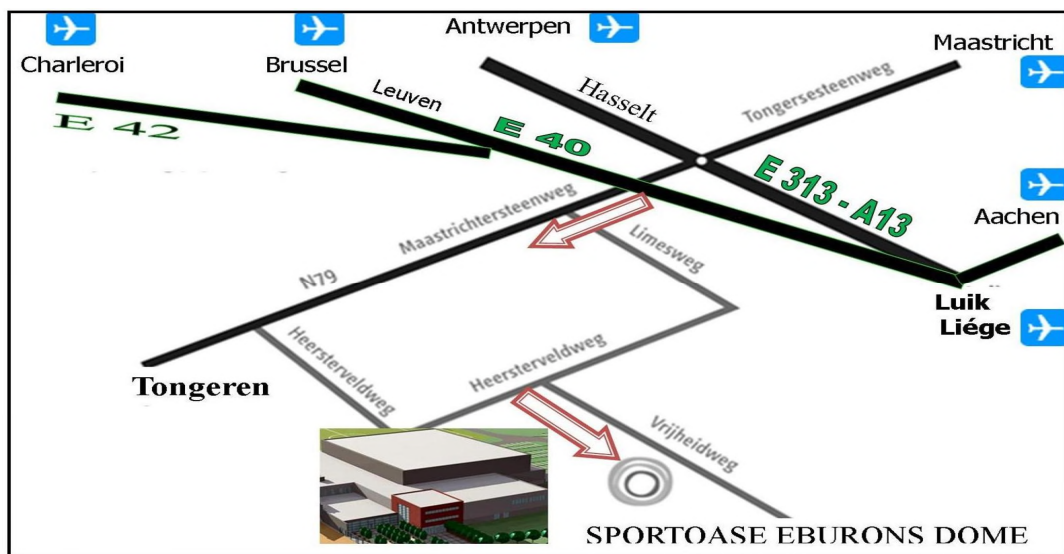
**Protest:** Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 50,- will have to be paid to the competition board. The decision of the referee chairman is final.

**Liability** All competitors are considered to participate at their own risk. The organisation crew and the organizer assume no responsibility for any damages, injuries or losses

**Referee** We will have a neutral competition.  
 Each team invited, will be asked to support us with maximum 1 national or international Referee.  
 As there are not enough referees, we will complete it with national Referees.  
 All judges who participate will receive a monetary allowance (€ 60 day) as well as free full lunch and refreshments.

Information: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)  
 Referee Coordinator Mustapha Moutarazak – [m.moutarazak@hotmail.com](mailto:m.moutarazak@hotmail.com)

**Place to be**



**Sportcomplex**



**ATTACHMENT:**

**TABLE A-CLASS – 1<sup>ST</sup> DAN/POOM: DRAWING OF LOTS**  
**Announcement: 26/02/2020** [www.taekwondo.be](http://www.taekwondo.be)

<b>INDIVIDUAL</b>	
<b>Age</b>	<b>Poomsae</b>
until 8	Taegeuk 1,2,3,4,5,6,7,8 jang
9-11	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
31-40	
41-50	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65	
≥66	

<b>PAIR</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥31	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

<b>TEAM</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥ 31	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

**TABLE B-CLASS – 4<sup>TH</sup> UNTIL 1<sup>ST</sup> KUP: FREE TO CHOOSE**Registrations BEFORE 23/02/2020 on [www.tpss.eu](http://www.tpss.eu)

<b>INDIVIDUAL</b>	
<b>Age</b>	<b>Poomsae</b>
until 8	Taegeuk 1,2,3,4 jang
9-11	
12-14	Taegeuk 1,2,3,4,5,6,7 jang
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66	

<b>PAIR</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 1,2,3,4 jang
12-14	Taegeuk 1,2,3,4,5,6,7 jang
15-17	
18-30	
≥ 31	

<b>TEAM</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 1,2,3,4 jang
12-14	Taegeuk 1,2,3,4,5,6,7 jang
15-17	
18-30	
≥ 31	

**TABLE C-CLASS – 8<sup>TH</sup> UNTIL 5<sup>TH</sup>KUP: FREE TO CHOOSE**Registrations BEFORE 23/02/2020 on [www.tpss.eu](http://www.tpss.eu)

<b>INDIVIDUAL</b>	
<b>Age</b>	<b>Poomsae</b>
until 8	Taegeuk 1,2 jang
9-11	
12-14	Taegeuk 1,2,3 jang
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66j	

<b>PAIR</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 1,2 jang
12-14	Taegeuk 1,2,3 jang
15-17	
18-30	
≥31	

<b>TEAM</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 1,2 jang
12-14	Taegeuk 1,2,3 jang
15-17	
18-30	
≥ 31	

**TABLE D-CLASS – 10<sup>TH</sup> UNTIL 9<sup>TH</sup> KUP: FREE TO CHOOSE**Registrations BEFORE 23/02/2020 on [www.tpss.eu](http://www.tpss.eu)

<b>INDIVIDUAL</b>	
<b>Age</b>	<b>Poomsae</b>
until 8	Taegeuk 1,2 jang
9-11	
12-14	
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66	

<b>PAIR</b>	
<b>Age</b>	<b>Poomsae</b>
until 11	Taegeuk 1,2 jang
12-14	
15-17	
18-30	
≥ 31	

<b>TEAM</b>	
<b>Age</b>	<b>Poomsae</b>
Until 11	Taegeuk 1,2 jang
12-14	
15-17	
18-30	
≥ 31	



**Sporthotel Kattevenia Bloso**  
Kattevennen 15 3600 Genk (15Km) **Low price**  
Tel.: 089 86 91 30 Fax: 089 86 91 44  
E-mail: [genk@bloso.be](mailto:genk@bloso.be) [www.bloso.be](http://www.bloso.be)

**Hotel Limburgia**  
Op 't Broek 43770 Kanne (Riemst) (5 km)  
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28

E-mail: [hotellimburgia@pandora.be](mailto:hotellimburgia@pandora.be)  
[www.hotellimburgia.be](http://www.hotellimburgia.be)

**Gastenkamers Campola (± 5 Km.)**  
Koninksemstraat 186 3700 Koninksem Tongeren  
Phone Fax:+ 32 (0) 12 23 36 65  
[campola.traiteur@skynet.be](mailto:campola.traiteur@skynet.be)

**BAVERSHOF**  
Elderestraat 133 - 3700 Tongeren (± 5 Km.)  
Phone: + 32(0) 12 23 43 18 fax : + 32(0) 12 39 25 18  
[bavershof@telenet.be.net](mailto:bavershof@telenet.be.net) [www.bavershof.be](http://www.bavershof.be)

**Hotel Arte**  
Europalaan 68 3600 Genk (± 15 Km.)  
Phone. +32 (0)89 35 20 06 Fax: + 32 (0)89 36 10 36  
[info@hotelarte.com](mailto:info@hotelarte.com) <http://www.hotelarte.com>

**“De Roerdomp” (Youthcenter) ( low price )**  
Boekrakelaan 30 3600 Bokrijk - Genk (± 20 Km.)  
Phone +/32 (0) 89 35 62 20 Fax + 32 089 30 39 80  
[bokrijk@vjh.be](mailto:bokrijk@vjh.be) [www.jeugdherbergen.be](http://www.jeugdherbergen.be)

**Fam. Franssens**  
Ganzebroekstraat 13 3590 Diepenbeek (± 10 Km.)  
Phone +32 (0)11 72 53 08 Fax + 32 (0) 11 72 53 08  
[eric.franssens@telenet.be](mailto:eric.franssens@telenet.be) [www.familiefranssens.be](http://www.familiefranssens.be)

**Hotel-Gasthof Boniface**  
Toekomststraat 27  
3770 Riemst-Heukelom (± 10 Km.)  
phone: +32-(0)12-458650 Fax: +32-(0)12-742360  
[hotel@gasthof-boniface.com](mailto:hotel@gasthof-boniface.com)  
<http://www.gasthof-boniface.com>

**Hotel Holliday Inn Hasselt**  
Kattegatstraat 1 3500 Hasselt ( 20km )  
Phone +32 (0) 11 24 22 00  
[www.hihasselt.com](http://www.hihasselt.com) E-mail: [info@hihasselt.com](mailto:info@hihasselt.com)

### **EBURON HOTEL**

de Schiervelstraat 10, 3700 Tongeren (± 5 Km.)  
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70  
[info@eburonhotel.be](mailto:info@eburonhotel.be) [www.eburonhotel.be](http://www.eburonhotel.be)

### **Hotel Malpertuus**

Tongersesteenweg 145 3770 Riemst (± 5 Km.)  
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73  
[www.malpertuus.be](http://www.malpertuus.be)

### **Hotel AMBIOTEL**

Veemarkt 2 3700 TONGEREN (± 5 Km.)  
Phone + 32 (0) 12 26 29 50 Fax : +32 (0)12 26 15 42  
[www.ambiotel.be](http://www.ambiotel.be) [ambiotel.tongeren@belgacom.net](mailto:ambiotel.tongeren@belgacom.net)

**Bed & Breakfast Beerehunger**  
Maastrichterstraat 415 - 3740 Mopertingen (10Km)  
Phone + 32 (0)89 41 28 77

### **Radisson Blu Hotel, Hasselt**

Torenplein 8, B-3500 Hasselt, Belgium (± 20 Km)  
T: +32 11 77 00 00, D: +32 11 77 00 74  
[www.radissonblu.com/hotel-hasselt](http://www.radissonblu.com/hotel-hasselt)

### **“Hotel ‘t Zwin”**

Nieuwstraat 115, 3590 Diepenbeek, (± 15 Km.)  
Phone. / Fax: +32 (0)11 35.15.01,

### **OaseHotel**

Havenstraat 18, **3600** Genk (± 15 Km.)  
Phone +32 (0)89 35 32 67 Fax+32 (0)89 30 33 17  
[oase.nv@telenet.be](mailto:oase.nv@telenet.be) [www.oasegenk.be](http://www.oasegenk.be)

### **“Hotel Century”**

Leopoldplein 1, 3500 Hasselt (± 20 Km.)  
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24  
[hotel@century.be](mailto:hotel@century.be) [www.century.be](http://www.century.be)

### **“ Hotel Ibis”**

Thonissenlaan 52 3500 Hasselt (± 20 Km)  
Phone 32 11 23 11 11 Fax 32 11 24 33 23  
[h1456@accor.com](mailto:h1456@accor.com) <http://www.ibishotel.com>  
“ Hotel Holiday Inn”  
Kattegatstraat 1 3500 Hasselt (± 20 Km.)  
Phone +32 11 24 22 00 Fax 32 11 22 39 35  
[hotel@holiday-inn-hasselt.com](mailto:hotel@holiday-inn-hasselt.com)  
<http://www.holiday-inn.com/hasseltbel>

### **Best Western Hotel Atlantis**

Fletersdel 1 B-3600 Genk (± 18Km.)  
Tel: +32 (0) 89/321010  
[info@hotelatlantis.be](mailto:info@hotelatlantis.be) <http://www.hotelatlantis.be>

### **Hotel Praga**

Kogelstraat 3, 3840 Borgloon (± 15 Km.)  
Phone+ 32 12 74 20 74 [www.praga.be](http://www.praga.be)