



**DEAR FRIENDS OF SPORT AND MARTIAL ARTS,**

I hope you are well in great spirit!

I am honored to invite you and your National Team athletes to participate in the 21<sup>st</sup> Balkan Taekwondo Championship, which will be held in Samokov, Bulgaria from 13<sup>th</sup> till 15<sup>th</sup> September 2019.


We would be greatly honored by your presence at this event, which is one of the most important Taekwondo events of the Balkan region this year.

Organizing Committee will do its best to ensure the success of the Championship and to offer all participants a high-quality competition – with the best international referees to guarantee high level transparency and fair play.

We wish good luck to all participants and we hope that all of you will have a wonderful time and a pleasant stay in Bulgaria.

Your support is of utmost importance for the realization of an international event of such high rank.

**SLAVI BINEV**



**PRESIDENT EU TAEKWONDO**  
**PRESIDENT BULGARIAN TAEKWONDO FEDERATION – WT**  
**VICE-PRESIDENT TAEKWONDO EUROPE**

- PROMOTER:** BALKAN TAEKWONDO UNION  
Dr. Metin Sahin – President of BTU  
Website: <http://www.balkantaekwondo.com/>
- ORGANIZER:** BULGARIAN TAEKWONDO FEDERATION  
**PRESIDENT:** Mr. Slavi Binev – President of BTF  
Mobile: +359 884 423 016  
E-mail: [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org)
- DATES:** 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup> September 2019
- PLACE:** Sports hall “Arena Samokov”;  
4B Iskar blvd; 2000 Tsentar; Samokov; Bulgaria
- MAP:** <https://goo.gl/maps/1LeDYBbHsNTzidnW8>

**APPLICATION DEADLINE:** 23:59 EEST (GMT+3) on 2nd of September 2019

**ONLINE REGISTRATION:** <https://tpss.eu>

**NO LIMIT OF TEAM REPRESENTATIVES BY COUNTRY PER CATEGORY/DIVISION**

**1. Method of Competition:** Competition will be by latest WT Kyorugi and Poomsae Competition Rules.

**Kyorugi** – Single elimination

**Recognized Poomsae** – Cut off; Single elimination (only for Under 30 and Under 40);

**Freestyle Poomsae** – Cut off system (Single Final Round)

**Power breaking** – Cut off system (Single Final Round)

*Competition method may be modified according to the numbers of participants in respective event*

**2. WT Global Licence:** WT Global Athlete Licence **not required** for athletes competing in **Poomsae** and **Technical Breaking** events.

WT Global Athlete Licence **not required** for athletes competing in **Kyorugi** Kids and Cadets age class.

WT Global Athlete Licence valid for 2019 **is mandatory** for athletes competing in **Kyorugi** Juniors and Seniors age classes.

*Please contact your MNA or club admin to apply for the WT Global Athlete Licence.*

- 3. Contest Time:**
1. Seniors: 2 minutes x 3 rounds with 1 minute break
  2. Juniors and Cadets: 1,30 minute x 3 rounds with 1 minute break
  3. Kids: 1,5 minute x 2 rounds with 1 minute break
- (contest times could be adjusted according to WT TD Decisions)

### KYORUGI

- 4. Weight Divisions:**
- Senior Male: -54 kg., -58 kg., -63 kg., -68 kg., -74 kg., -80 kg., -87 kg., +87 kg.;
- Senior Female: -46 kg., -49 kg., -53 kg., -57 kg., -62 kg., -67 kg., -73 kg., +73;
- Junior Male: -45 kg., -48 kg., -51 kg., -55 kg., -59 kg., -63 kg., -68 kg., -73 kg., -78 kg., +78 kg.;
- Junior Female: -42 kg., -44 kg., -46 kg., -49 kg., -52. kg., -55 kg., -59 kg., -63 kg., -68 kg., +68 kg.;
- Cadet Male: -33 kg., -37 kg., -41 kg., -45 kg., -49 kg., -53 kg., -57 kg., -61 kg., -65 kg., +65 kg.;
- Cadet Female: -29 kg., -33 kg., -37 kg., -41 kg., -44 kg., -47 kg., -51 kg., -55 kg., -59 kg., +59 kg.;
- Kids (Male and Female): -27 kg., -30 kg., -33 kg., -36 kg., -40 kg., -44 kg., -48 kg., -52 kg., -57 kg., +57 kg.

- 5. Age classes:**
- SENIORS: Athletes must be born in 2002 or earlier (+17 years)
- JUNIORS: Year of Birth (2002 – 2004)
- CADETS: Year of Birth (2005 – 2007)
- KIDS: Year of Birth (2008 – 2009)

*An athlete born in 2002 must compete either in Juniors or Seniors Age Class*

### POOMSAE

#### 6. Recognized Poomsae

- Individual age classes:**
- Cadet (male & female) 12 to 14 years old;
  - Junior (male & female) 15 to 17 years old;
  - Under 30 Division (male & female) under 30 years old 18 to 30 years old;
  - Under 40 Division (male & female) under 40 years old 31 to 40 years old;
  - Under 50 Division (male & female) under 50 years old 41 to 50 years old;
  - Under 60 Division (male & female) under 60 years old 51 to 60 years old;
  - Under 65 Division (male & female) under 65 years old 61 to 65 years old;
  - Over 66 (male & female) 66 years old and older

- Pairs age classes:**
- Cadet Pair 12 to 14 years old

Junior Pair 15 to 17 years old  
 Pair Under 30 years old 18 to 30 years old  
 Pair Over 30 (31 years old and older)  
*Pair – Two athletes (mixed gender – 1 M + 1 F);*

**Teams age classes:** Cadet Team (male & female) 12 to 14 years old  
 Junior Team (male & female) 15 to 17 years  
 Team U30 (male & female) under 30 years old (18 to 30 years old)  
 Team O30 (male & female) over 30 years old (31 years old and older)  
*Team – Three athletes (same gender)*

**Required Poomsae:**

Individual			
Age class	Elimination	Semi-final	Final
		Two poomsae by Draw of lots	Two poomsae by Draw of lots
Cadet (12-14)	Teguk 4,5,6,7,8 Jang, Koryo, Keumgang		
Junior (15-17)	Teguk 4,5,6,7,8 Jang, Koryo, Keumgang, Taebaek		
Under 30 (18-30)	Teguk 6,7,8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, SipJin		
Under 40 (31-40)	Teguk 6,7,8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, SipJin		
Under 50 (41-50)	Teguk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, SipJin, Jitae,		
Under 60 (51-60)	Koryo, Keumgang, Taebaek, Pyongwon, SipJin, Jitae, Cheonkwon, Hansu		
Under 65 (61-65)	Koryo, Keumgang, Taebaek, Pyongwon, SipJin, Jitae, Cheonkwon, Hansu		
Over 65 (66+)	Koryo, Keumgang, Taebaek, Pyongwon, SipJin, Jitae, Cheonkwon, Hansu		

Pair-Teams - CLASS A			
	Elimination	Semi-final	Final
		Two poomsae by Draw of lots	Two poomsae by Draw of lots
Cadet (12-14)	Teguk 4,5,6,7,8 Jang, Koryo, Keumgang		
Junior (15-17)	Teguk 4,5,6,7,8 Jang, Koryo, Keumgang, Taebaek		
Pair/Team Under 30 (18-30)	Teguk 6,7,8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, SipJin		
Pair/Team Over 30 (31+)	Teguk 6,7,8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, SipJin, Jitae, Cheonkwon		

**POOMSAE CUT OFF SYSTEM:**

**1<sup>st</sup> round (Preliminary; 20 or more contestants):** Two Poomsae in accordance with drawing, the best 50% proceed to the next round. If the number of contestants is odd, then the number will

be rounded to make even. (E.g. if there are 25 contestants in the category, then 13 contestants shall advance to the semi-final.) In order to keep the time schedule, very large categories can be split into 2 pools, each group performing on a different court. In that case the best 50% of each pool will advance to round 2.

**2<sup>nd</sup> round (Semi-final; 9 to 19 contestants):** Two Poomsae in accordance with drawing, the best 8 athletes qualify for the final.

**3<sup>rd</sup> round (Final; 1 to 8 contestants):** Two Poomsae in accordance with drawing.

#### PROCEDURE IN CASE OF EQUAL SCORE – RECOGNIZED POOMSAE:

1. In case there is a tied score after the completion of the preliminary round at the last place of the best 50%, respectively on the 8<sup>th</sup> rank of the semi-final round, the higher points in presentation will be the determining factor for advancement to the next round. If this score is equal as well, all athletes in question will proceed.
2. In case there is a tied score after the completion of the final round on the rank 1, 2, or 3, the contestant who is awarded more points in presentation shall be declared the winner. In case the score is still tied, then the one who has higher total points (including highest and lowest points) shall be the winner. If it's still tied then a rematch between the contestants in question shall be conducted. The referee will decide on the Poomsae to be performed (in any case one of the compulsory Poomsae).

#### 7. Freestyle Poomsae

**Individual age class:** Under 17 (male and female) – 12 to 17 years old;  
Over 17 (male and female) – 18 years old and older;

**Pair age class:** Under 17 (male and female) – 12 to 17 years old;  
Over 17 (male and female) – 18 years old and older;  
*Pair – Two athletes (mixed gender – 1 M + 1 F)*

**Team age class:** Over 12 (mixed gender team) – 12 years old and older: Total 5 Athletes  
*Team – Five athletes (mixed gender – 2 M + 3 F or 3 M + 2 F)*

Athletes must bring their music in MP3 format on USB-stick. **Apple audio format is not allowed.** The music shall be the choice of the contestant, however any political, social and religious content is not allowed. The music should be **without** lyrics.

- Each performance shall have a duration from 60 seconds to 70 seconds.
- Performed techniques must be within the boundaries of taekwondo.
- Scoring shall be made in accordance with the rules of the WT.

## TECHNICAL BREAKING

### 8. Age classes:

Cadets (12-14): born in 2005 till 2007;

Juniors (15-17): born in 2002 till 2004;

Seniors (18-39): born in 1980 till 2001;

Masters (39+): born in 1979 and earlier

*One athlete can participate at all events as long as he/she meets the required age class and belt degree*

Events		Criteria	Cadets	Juniors	Seniors	Masters
Fist Breaking	Kukkiwon Poom·Dan Holder / Color Belt	M	●	●	●	●
		F	●	●	●	●
Knife-hand Breaking	Kukkiwon Poom·Dan Holder / Color Belt	M	●	●	●	●
		F	●	●	●	●
Side/Back Kick Breaking	KukkiwonPoom·Dan Holder / Color Belt	M	●	●	●	●
		F	●	●	●	●
High Kick Performance	KukkiwonPoom·Dan Holder / Color Belt	M	●	●	●	●
		F	●	●	●	●
Freestyle Dynamic Kick Breaking	KukkiwonPoom·Dan Holder / Color Belt	M	●	●	●	●
		F	●	●	●	●

### Power breaking cut off system:

- It shall be a cut-off method with preliminary round and final round. Depending on the results of the preliminary round, 10 participants(teams) or less who made it through the preliminaries may proceed to the finals (*there is no preliminary round and just one final round for high- jump kick breaking*).
- Tied contestants(teams) are decided according to the results of the preliminaries and are to proceed to the finals.

*The Organizing Committee shall adjust and notify the number of finalists (final teams) during the events depending on the number of participants and the contest conditions*

## Breaking Targets and Breaking Board Holder

Categories	Breaking Target	Size (Width×Length×Thickness)
Fist/Knife hand/Side/Back kick breaking	Pine boards	30cm×22cm×1.8cm
All-Round breaking	Pine boards	30cm×22cm×0.9cm
High jump kick breaking	Pine boards	30cm×22cm×0.9cm

All breaking targets will be provided by the Organizing Committee. The same targets are used in both the preliminary and final rounds. However, Special breaking target will not be provided and thus participants prepare it by themselves. Furthermore, Special breaking target must be examined before the contest

## 9. Belt Requirements:

### Kyorugi:

Seniors – 1<sup>st</sup> Dan and above;  
Juniors – 1<sup>st</sup> Gup (Red-Black belt) and above;  
Cadets – 2<sup>nd</sup> Gup (Red belt) and above;  
Kids – 3<sup>rd</sup> Gup (Blu-red belt) and above;

### Poomsae:

Athletes Over 17 years old – 1<sup>st</sup> Dan and above;  
Juniors – 1<sup>st</sup> Gup (Red-Black belt) and above;  
Cadets – 2<sup>nd</sup> Gup (Red belt) and above

## 10. Entry Fee:

**Kyorugi** – 50 EUR per contestant;  
Change of category – free of charge till 02.09.2019;  
Change of category – 15 EUR after 02.09.2019;

### **Poomsae (Recognized and Freestyle):**

1 (One) Discipline – 50 EUR per contestant;  
2 (Two) Discipline – 75 EUR per contestant;  
3 (Three) Discipline – 90 EUR per contestant;  
4 (Four) Discipline – 100 EUR per contestant

### **Technical Breaking:**

Kukkiwon Poom/Dan belt holder – 1 (One) event – 50 EUR;  
Kukkiwon Poom/Dan belt holder – 2 (Two) events – 75 EUR;  
Kukkiwon Poom/Dan belt holder – 3 (Three) events – 90 EUR;  
Kukkiwon Poom/Dan belt holder – 4 (Four) events – 100 EUR;

Color belt holder – 1 (One) event – 30 EUR;  
Color belt holder – 2 (Two) events – 45 EUR;  
Color belt holder – 3 (Three) events and more – 60 EUR;  
Color belt holder – 4 (Four) events and more – 70 EUR

The Entry fees should be paid in **cash** during to registration. The entry fee is mandatory for all registered in <https://tpss.eu> participant. In case an athlete does not officiate, but his/her team registration is not erased from the registration system the entry fee must be paid. No refunds of entry fee will apply!

**11. Scoring Systems:** WT approved PSS – Daedo Generation 2 will be used for all Kyorugi events. Taekwonsoft or Taekoplan Scoring System will be used for all Poomsae events. Manual Scoring and Measurement System will be used for all Technical Breaking events. Instant Video Replay will be used on all courts during the Kyorugi event.

The Organizing Committee will provide Protector and Scoring System (PSS) and e-head protector to the participating contestants. E-head protector with Plexiglas will be used for all athletes competing in Kids and Cadets age classes. E-head protector without Plexiglas will be used for all athletes competing in Juniors and Seniors age classes. Participating contestants are required to bring their own groin guards, mouthpieces (**white or transparent**), gloves, sensor socks, shin and forearm guards for their personal use. All competitors must use WT-approved equipment. Mouth piece is **compulsory!**

**12. Draw of lots:** Poomsae Draw will be run and published on 09.09.2019;  
Technical Breaking Draw will be published on 11.09.2019;  
Kyorugi Draw for 14.09 will be run and publish on 13.09 after the registration and weigh-in session;  
Kyorugi Draw for 15.09 will be run and publish on 14.09 after the weigh-in session  
Kyorugi Random weigh-in will be run and published at 06:30 a.m. on the competition day of the respective age classes and categories.

*Publication of the draw will be done on <https://tpss.eu>*

**13. Conditions of participation:**

All contestants have to proof their age and nationality by presenting national ID or passport at weigh-in. Those who are not recognized as adults by law in their own country must submit a passport or identification



card together with a written consent (liability declaration) of their parents or lawful guardian accepting the participation and all parts of the official invitation. Registration must be done in advance. Entry fees are obligated at all times.

#### **14. Liability:**

All competitors participate at their own risk. The online registration implies that the competitors agree to assume all responsibility for themselves and to release all other parties from any and all liability which may directly or indirectly result. The organizer is in no way responsible for any damage caused to a person or their belongings. All Head of Teams must present a Declaration of consent (Appendix 1 attached to the Outline) during the on-site registration for the event.

#### **15. AWARDS:**

Medals for the places 1 to 3 individual results.

Team trophies will be awarded to the three best teams in each division and event.

**Kyorugi team ranking** is based on the following point system:

1. For every gold medal – 120 points,
2. For every silver medal – 50 points,
3. For every bronze medal – 20 points,
4. For every win (win by bye included) – 1 point,
5. For every contestant who entered the competition area after passing the general weigh-in – 1 point

**Poomsae (Recognized and Freestyle) team ranking** is based on the following point system:

1. For every gold medal – 120 points;
2. For every silver medal – 50 points;
3. For every bronze medal – 20 points

**Technical Breaking team** ranking is based on the following point system:

1. For every gold medal – 120 points;
2. For every silver medal – 50 points;
3. For every bronze medal – 20 points;

All athletes qualified on 1<sup>st</sup> place in their category/division will be titled as Balkan Champion for 2019. BTU will issue a certificate/letter of confirmation upon request.

Overall team trophy will be awarded to the team who has highest ranking points accumulated by the score of all events of the 21<sup>st</sup> Balkan Taekwondo Championships 2019.

#### **16. Coaches:**

For every five contestants within the same team, one coach is granted free admission, with a maximum of five coaches. Coaches can enter the competition area only with proper sport shoes and proper tracksuit.

Credentials will be issued for all competitors and coaches. Before weigh-in all coaches must receive and deliver the credentials to their team members. Weigh-in and entry to the Sports hall only by presenting the credentials. Only competitors and coaches have admittance to the field of play. **All coaches must be 18 years or older.**

#### **17. Protest:**

Only the Head of the team is allowed to protest, immediately (within 10 min.) after the end of the contest. An amount of € 100 (Euro) will have to be paid for each protest. The decision of the Arbitration Board is final.

#### **18. Referees:**

Each country should provide at least one (1) WT International referee. A maximum number of four (4) referees per participation nation will be admitted. In case the MNA can't provide WT International referees, highest class National referees will be accepted. In case more referees are needed for the event, the OC will provide the needed WT IRs and/or NRs.

MNA's Referees wishing to participate should send an e-mail to [referee.btf@gmail.com](mailto:referee.btf@gmail.com) **no later than 1st September 2019** with their first and last names and their class of qualification (International Referee, National Referee).

The OC will provide full board accommodation from 12th till 16th of September 2019. Each International referee will receive an allowance – 60 EUR / competition day;  
National referee will receive an allowance – 40 EUR / competition day;

**19. Visa:** All teams which requires visa invitation should send completed Appendix 2 (attached to the Outline) to the Bulgarian Taekwondo Federation at [office@taekwondo-bulgaria.org](mailto:office@taekwondo-bulgaria.org) **no latter then 26.08.2019.**

**20. Hash tags:** #BTFWT ; #BTU ; #2019BTC

**21. Live stream:** All events will be livestreamed during the championships. Links will be provided on the official Balkan Taekwondo Union's website:  
<http://www.balkantaekwondo.com/>

Bulgarian Taekwondo Federation's website:  
<http://www.taekwondo-bulgaria.org/>

and Bulgarian Taekwondo Federation's Facebook page:  
<https://www.facebook.com/BTFWT/>

**22. Accommodation:** The Organizing Committee offers accommodation assistance to teams at preferential rates. In order to book an accommodation, the Team must submit

Appendix 3 (attached to the Outline) to the following e-mail:  
[accommodationbtf@gmail.com](mailto:accommodationbtf@gmail.com). **Deadline for reservation for accommodation – 23.08.2019;**

**Rates:**

33 Eur/person/night in a room including breakfast;

52 Eur/person/night in a room including breakfast and dinner

VAT and City tax is included to the price of the accommodation.

The number of pre-reserved rooms are limited. The reservation will be considered as completed when 100% of the cost of the reservation has been paid.

30% payment will be charged if cancelled from August 20, 2019

50% payment will be charged if cancelled from August 29, 2019;

100% payment will be charged if cancelled from September 3, 2019

**23. Transportation:**

The Organizing Committee may offer assistance for providing local transportation. Additional charges may apply. In order to book a transportation, the Team must submit Appendix 4 (attached to the Outline) to the following e-mail: [accommodationbtf@gmail.com](mailto:accommodationbtf@gmail.com). **Deadline for reservation for transportation – 23.08.2019;**

**24. National flag:**

Each participation team should provide to the OC during the registration two national flags with size 90cm x 130 cm. and a CD with their national anthem.

**25. Medical insurance:**

All participating athletes, coaches and team officials shall have mandatory a medical insurance that covers medical care and in case of emergency repatriation to home country. All relevant documents proving that such an insurance is present, including insurance policy papers, should be taken to the event in case a medical situation occurs. By submitting the Declaration of consent the participant confirms to the OC that a valid medical insurance for the event has been made.

**26. Major event schedule:**

12.09 – Team arrival and registration;

13.09 – Poomsae and Technical Breaking competition;

14.09 – Kyorugi competition (Cadets and Juniors);

15.09 – Kyorugi competition (Kids and Seniors)

*For more information of event schedule, please review the Time Table at the end of the Outline.*

TIME TABLE			
Date	Time	Event	Place
12.09.2019 (Thursday)	15:00-20:00	Teams arrival and registration	Hotel Arena Samokov
13.09.2019 (Friday)	08:00	Referee meeting	Arena Samokov
	08:30	Head of Team meeting	
	09:00	Start of the Poomsae and Technical Breaking competition	
	09:00-13:00	Teams arrival and registration	Hotel Arena Samokov
	13:00	Opening ceremony	Arena Samokov
	14:00-16:00	General weigh-in for Cadets and Juniors	Hotel Arena Samokov
14.09.2019 (Saturday)	14:00-19:00*	Teams arrival and registration	Hotel Arena Samokov
	17:00	Semifinals and Final session	Arena Samokov
	19:00	Awarding ceremony	
	07:00	Random Weigh-in	Arena Samokov
	08:00	Referee meeting	
	08:30	Head of Team meeting	
15.09.2019 (Sunday)	09:00	Start of the Kyorugi competition	Hotel Arena Samokov
	09:00-13:00	Teams arrival and registration	Arena Samokov
	14:00-16:00	General weigh-in for Kids and Seniors	
	17:00	Semifinals and Final session	
	19:00	Awarding ceremony	

**\*Please plan your arrival and registration process according the time of the Weigh-in on 13.09. There won't be any delay of the Weigh-in process regarding late arrival.**

**\*\*There won't be any registration and general weigh-in on the morning of the competition days.**