

Welcome to Lomma Cup 2019

One of the oldest competitions in Europe 34th time this year

Fight & Poomsae

All age classes and both beginners and elit

Competition the 11-12 of May

Free fees for all non Scandinavians

both competitors and supporters

Free overnight in the gym

*Good atmosphere with
taekwondo, football and table tennis
on the day and evening*

Daedo for cadets, juniors, seniors and masters elit

Notification: www.tpss.eu and [simplycompete](http://simplycompete.com) for Poomsae

**Weighin: Friday 17.00-20.00 for all competitors
or Saturday 16.00-19.00**

Information: kenta80@gmail.com

<https://www.facebook.com/groups/7831739535/>

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