



3rd

OPEN POOMSAE DIEST

Sunday 10 February 2019

Poomsae | Freestyle

Sports hall KTA1, Nijverheidslaan 14, 3290 Diest

*University of Leuven Taekwondo
Vlaamse Taekwondo Bond*



ORGANIZATION

University of Leuven Taekwondo, under the auspices of the [Flemish Taekwondo Union](#) (VTB), with the cooperation of the city of Diest.

LICENSE

Belgian participants: valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.

Foreign participants: valid license of a recognized taekwondo federation that offers WTF taekwondo.

No valid license (with photo/identity card) means no participation.

LIABILITY

All participants participate at their own risk.

It is the responsibility of the head coach that each participant/athlete:

1. Has a valid license
2. Is correctly registered in the right category/class/age
3. Participates in the correct category category/class/age

ENTRY

Spectators: 5€ per person - under 12 years old free entrance

Regulations for spectators: [RIO VTB vzw](#) and [Reglement voor bemiddeling en rechtspraak](#)

Coaches: 0-9 participants: 1 coach free entrance

10-14 participants: 2 coaches free entrance

> 15 participants : 3 coaches free entrance

Coaches enter the competition area training suite and sport shoes.

Every extra coach needs to pay the entrance fee.

LOCATION

Sporthal KTA1, Nijverheidslaan 14, 3290 Diest

INFORMATION

Concerning the organization of the competition:

wim.dehasque@gmail.com +32 0477 51 47 71 (Wim Dehasque)

Concerning the registrations of the competition:

recreatie@taekwondo.be +32 11 87 09 19 (Anja Walravens)

REFEREES

Coordinator Poomsae: Mustapha Moutarazak - m.moutarazak@hotmail.com

REGULATIONS

VTB/WT-regulations: www.taekwondo.be - downloads - competitie

All participants participate at their own risk.

CATEGORIES

The year of birth is decisive for the category in which the participant will compete. E.g. someone born on 31/12/2004 will turn 15 in 2019 and will compete on 10/02/2019 in the category 15-17 year.

One can participate in multiple categories (individual, pair, team, freestyle, family).

A ≥ 1st dan/poom | B = 4th - 1stkup | C = 8th - 5th kup | D = 10th - 9th kup

Disciplines	Belts	Ages
Individual	A, B, C, D	Until 8, 9-11, 12-14, 15-17, 18-30, 31-40, 41-50, 51-60, 61-65, ≥66j
Pair	A, B, C, D	Until 11, 12-14, 15-17, 18-30, ≥31
Team	A, B, C, D	Until 11, 12-14, 15-17, 18-30, ≥31
FS Individual	A, (B+C+D)	Until 17, ≥ 18
FS Pair	A, (B+C+D)	Until 17, ≥ 18
FS Team	A, (B+C+D)	All ages
G-taekwondo	A, (B+C+D)	Until 17, ≥ 18
Family	A+B+C+D	All ages

Only for the B, C and D classes:

- In the individual category, each athlete has the choice to participate in maximum 1 higher age category;
- A pair or a team is formed in the same age category (or where 1 person of the pair, or 1 or 2 persons of the team participates in maximum 1 higher age category) and in the same degree of belt or possibly a combination of different belt degrees B, C, D (this does not apply to A-degrees!).
A pair or a team must be registered in the highest age category and in the highest belt degree.

COMPULSORY POOMSAE

For the B, C, D, G and family category it is obligatory to register the poomsae before closing of the registrations, i.e. at the latest 31/01/2019.

For the "Family" category, you must register separately via email: recreatie@taekwondo.be

Participants from the same family can participate. The number, gender, grade and age are freely determinable, as are the 2 taegeuk that are run together.

Belt	Compulsory poomae	Round 1	Round 2	Round 3
A	Drawing of lots on 06/02/2019 – see table	2 taegeuks	2 taegeuks	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice	/	/	1 taegeuk

SYSTEM

KO system for U30 and U40 individual male and female A- category.

Other categories: Cut off system

4 competition areas, max. 250 participants.

TIMETABLE

Sunday 10 February

08:00 - 09:00	Registration all categories
11:00 - 12:00	Registration U30 and older
09:35	Start competitions

REGISTRATIONS

Website	www.tpss.eu
Deadline	Thursday 31/01/2019 until 23:59
Participation fee	- Payment in advance for: 20€/individual (FS en G), 25€/pair (FS), 30€/team (FS), 10€/cmptr. family The fee must be on the account of the organization at least 1 day prior to the competition. - Payment on the spot: 5 EUR extra per athlete There must be a payment for all athletes on the competition list. No refund possible.
Bank account	Wim Dehasque, Oude Baan 33/2, 3290 Diest IBAN: BE23 6106 4883 3091 – BIC : DEUTBEBE <i>Reference: Club name + amount of participants (ind/pair/team/mix/family)</i> Mail your proof of payment to wim.dehasque@gmail.com

PRIZES

Individual – Pair – Team – Mixed Team: 1st - 2nd – 3rd place.
Trophy for 1st - 2nd – 3rd place.

Age	A		
	Individual	Pair	Team
... - 8	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
9 - 11	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo		
12 - 14	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 3, 4, 5, 6, 7, 8, Koryo, Keumgang
15 - 17	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18 - 30	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31 - 40	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
41 - 50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon		
51 - 60	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
61 - 65	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
66 - ...	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		

Age	B			C			D		
	Individual	Pair	Team	Individual	Pair	Team	Individual	Pair	Team
... - 8	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
9 - 11	Taegeuk 1, 2, 3, 4			Taegeuk 1, 2			Taegeuk 1, 2		
12 - 14	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
15 - 17	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18 - 30	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
31 - 40	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3, 4, 5, 6, 7	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2, 3	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
41 - 50	Taegeuk 1, 2, 3, 4, 5, 6, 7			Taegeuk 1, 2, 3			Taegeuk 1, 2		
51 - 60	Taegeuk 1, 2, 3, 4, 5, 6, 7			Taegeuk 1, 2, 3			Taegeuk 1, 2		
61 - 65	Taegeuk 1, 2, 3, 4, 5, 6, 7			Taegeuk 1, 2, 3			Taegeuk 1, 2		
66 - ...	Taegeuk 1, 2, 3, 4, 5, 6, 7			Taegeuk 1, 2, 3			Taegeuk 1, 2		