

Subject: Invitation to the Czech Open 2018 and Sunday sparring seminar.

Dear Taekwondo Friends,

It is a great honour and pleasure to invite you to our international Taekwondo championship Czech Open 2018, which will take a place in Prague, the capital city of Czech Republic on the 23rd of June 2018.

We would like to offer you the opportunity to participate in the Sunday sparring seminar. Seminar will be focus on kyorugi, fight techniques and sparing.

Meeting and training time: Sunday, June 24, 2018 at 9:30 in the sport hall Slavia Praha

1. training from 10 to 12 hours
2. Training from 14 to 16 hours

Coach: Petr Štefl, IV. DAN, II. coaching class, member of the national team

Entry fee: Free for athletes who start at the Czech Open 2018.

For other is the fee CZK 200 (8 EUR).

We would like to ask you to registered to the seminar until the **Wednesday 20th of June** via e-mail pstefl@seznam.cz. To the e-mail please send us names and surnames of the competitors, year of birth and technical grade.

We look forward to you!

Kind regards

Organizing committee