



# VI OPEN TAEKWONDO CIDADE DE GAIA POOMSAE & KYORUGUI

20/21  
MAIO  
2018

PAVILHÃO  
MUNICIPAL  
DE GAIA  
09H00



[www.open-atgaia.com](http://www.open-atgaia.com)

Info: (+351) 912 154 396  
opentkgaia@gmail.com



INTERNATIONAL COMPETITION EVENT



VI OPEN TAEKWONDO CIDADE GAIA  
INTERNATIONAL COMPETITION EVENT



Dear Mr. President,  
Dear Ladies and Gentlemen,  
Dear Coach, Athlete,

On behalf of Gaia Taekwondo Association, I am pleased to make this invitation to you and your athletes to participate in the **6<sup>TH</sup> International Open Taekwondo City of Gaia - Poomsae & kyorugui**

This event will take place at the Municipal Sports Hall of Vila Nova de Gaia, Porto, Portugal from 26<sup>th</sup> to 27<sup>th</sup> May 2018.

On Saturday **26<sup>th</sup> May 2018** will take place competition of Dan's in all categories according to WT, and also be the day of competition for Kup's of all ages. We subdivided Kup's also by graduations to balance the competition.

On Sunday **27<sup>th</sup> May 2018** we promote a competition of kyorugui, being destined for training levels, Cadets and Juniors, following the rules of the WT and where all the categories will use electronic vests of DaeDo.

**This Event was validated by the Portuguese Taekwondo Federation for the National Ranking, so we can count on a high level by Athletes.**

In the last edition we have the participation of over 400 athletes in individual performance across three areas of competition and with a drive with more than 1000 people flow at the weekend.

Again the score of poomsae, will be performed by electronic scoring system.

We guarantee an organization of great quality, so it will limit the number of entries so as not to jeopardize the operation of the event.

We look forward to receiving your confirmation of participation before Sunday 6<sup>th</sup> May 2018.

The Gaia Taekwondo Association will be honored to welcome you and your teams,

With my very best Regards,

Adriano Oliveira,  
*President*  
Gaia Taekwondo Association (ATGAIA)



# VI OPEN TAEKWONDO CIDADE GAIA

## INTERNATIONAL COMPETITION EVENT



### INFORMATION AND REGULATION FOR POOMSAE

- Organization:** Associação de Taekwondo de Gaia (ATGAIA)
- Coordination:** Tiago Oliveira (+351 912154396)
- Event Director:** Adriano Oliveira (+351 919332085)
- Support:** Town Hall of Vila Nova de Gaia; União Freguesias de Serzedo e Perosinho; F.P.T, A.T.D.P., Transmorato. Expertmode, Lda
- Localization:** PAVILHÃO MUNICIPAL DA LAVANDEIRA - VILA NOVA DE GAIA  
**GPS: 41.1172955,-8.5938706**
- Refereeing** The head of Referees, will be timely nominated.  
Scoring System will be electronic, in the absence of impeditive situation.  
All teams will have to submit a minimum of one referee to take part of the event.
- Competition:** **Saturday, 26<sup>th</sup> of May**, Poomsae competition all categories.
- Registration:** **Online on website [www.tpss.eu](http://www.tpss.eu) help: (+351) 919 332 085)**
- Prizes:** 1st, 2nd and 2 3rd places.  
**Under 12. Non-medallists athletes receive 1 participation prize**  
1st, 2nd and 3rd places Trophies for Teams
- Participation** For Invited clubs, **registrations are limited.**  
Open to Athletes of all ages and grades.

#### Program

| SATURDAY, 26 <sup>TH</sup> OF MAY (POOMSAE) |                                |
|---------------------------------------------|--------------------------------|
| 08h00                                       | ARRIVE /TEAMS CHECK-IN         |
| 08H15                                       | CREDENCIAÇÃO                   |
| 08H45                                       | DELEGATES AND REFEREES MEETING |
| 09H15                                       | START COMPETITION              |
| 19h00                                       | PRIZE DELIVERY                 |
| 20H30                                       | CLOSURE                        |



# VI OPEN TAEKWONDO CIDADE GAIA

## INTERNATIONAL COMPETITION EVENT



### KUP + 12 COMPETITION

| Categories      | Age                      | Limit Birth Year       | Sub-Categories |
|-----------------|--------------------------|------------------------|----------------|
| <i>Cadets</i>   | <i>12 to 14 years</i>    | <i>2006 – 2004</i>     | <i>K1/K2</i>   |
| <i>Juniors</i>  | <i>15 to 17 years</i>    | <i>2003 – 2001</i>     | <i>K1/K2</i>   |
| <i>Under-30</i> | <i>18 to 30 years</i>    | <i>2000 – 1988</i>     | <i>K1/K2</i>   |
| <i>Under-40</i> | <i>31 to 40 years</i>    | <i>1987 – 1978</i>     | <i>K1/K2</i>   |
| <i>Over 40</i>  | <i>41 or above</i>       | <i>1977 and before</i> | <i>K1/K2</i>   |
| <i>Pair</i>     | <i>12 or above years</i> | <i>2006 and before</i> | <i>K1/K2</i>   |
| <i>Trio</i>     | <i>12 or above years</i> | <i>2006 and before</i> | <i>K1/K2</i>   |

#### Subcategories:

K1 – White Belt to Green Belt/blue list (10º kup a 5º kup),

K2 – Blue Belt to Red Belt/black list (4º Kup a 1º kup),

#### Kup's Competition Rules

1. Without minimum graduation,
2. WT/FPT Rules adapted, cut-out system.
3. Athletes can choose the Poomsae form for each presentation.
4. In pairs and trios if one of the athletes has more than 5º Kup, that pair or trio will be automatically for K2 subcategory.

### UNDER-12 KUP COMPETITION

| Categorias          | Idade                | Limite do Ano de Nascimento | Sub-Categoria              |
|---------------------|----------------------|-----------------------------|----------------------------|
| <i>Benjamin</i>     | <i>Up 5 years</i>    | <i>2013 ou após</i>         | <i>K1/K2</i>               |
| <i>Infants</i>      | <i>6 to 8 years</i>  | <i>2012 a 2010</i>          | <i>K1/K2</i>               |
| <i>Juveniles</i>    | <i>9 to 11 years</i> | <i>2009-2007</i>            | <i>K1/K2</i>               |
| <i>Infants Pair</i> | <i>5 a 11 anos</i>   | <i>2007 ou após</i>         | <i>Without Subcategory</i> |

#### Subcategories:

K1 – White Belt to Green Belt/blue list (10º kup a 5º kup),

K2 – Blue Belt to Red Belt/black list (4º Kup a 1º kup),

#### Kup's Competition Rules

1. Without minimum Belt Rank,
2. ETU/FPT Rules adapted, with at least 2 performances.
3. Athletes can choose the Taeguk form for each performance, other forms for infants admitted under 8 years old.
4. Should it be necessary, subgroups can be created inside each subcategory.



# VI OPEN TAEKWONDO CIDADE GAIA

## INTERNATIONAL COMPETITION EVENT



### DAN COMPETITION

| Categories                  | Age               | Limit Birth Year |
|-----------------------------|-------------------|------------------|
| <i>Cadets</i>               | 12 to 14 years    | 2006 – 2004      |
| <i>Juniors</i>              | 15 to 17 years    | 2003 – 2001      |
| <i>Under-30</i>             | 18 to 30 years    | 2000 – 1988      |
| <i>Under-40</i>             | 31 to 40 years    | 1987 – 1978      |
| <i>Under-50</i>             | 41 to 50 years    | 1977 – 1968      |
| <i>Under-60</i>             | 51 to 60 years    | 1967 – 1958      |
| <i>Under-65</i>             | 61 to 65 years    | 1957 – 1953      |
| <i>Over 65 years</i>        | 66 years or above | 1952 or before   |
| <i>Par Cadets</i>           | 12 to 14 years    | 2006 – 2004      |
| <i>Par Juniors</i>          | 15 to 17 years    | 2003 – 2001      |
| <i>Par Under30</i>          | 18 to 30 years    | 2000 – 1988      |
| <i>Par +30 years</i>        | 31 years or above | 1987 or before   |
| <i>Trio Cadets</i>          | 12 to 14 years    | 2006 – 2004      |
| <i>Trio Juniors</i>         | 15 to 17 years    | 2003 – 2001      |
| <i>Trio Seniors Under30</i> | 18 to 30 years    | 2000 – 1988      |
| <i>Trio Seniors +30</i>     | 31 years or above | 1987 or before   |

- The scoring will be performed using the WTF rules with the necessary adaptations.
- Cut off system with 1st, 2nd and 3rd round (QF/SF/F). QF: 1 Poomsae – advancing the top 50% according to classification, if there are 20 or more contestants; SF: 1 Poomsae – advancing the 8 contestants with the best classification; F: 2 Poomsae. The number of presentations may be altered by the organization if necessary.
- All compulsory Poomsae for the 1st, 2nd and final (QF – SF – F) round for Dan Categories will be announced 5 days before the competition on the website: <http://www.open.atgaia.com>

### Deadlines & Fees

| Date                           |                           | Competition  | Fee | Competition  | Fee |
|--------------------------------|---------------------------|--------------|-----|--------------|-----|
| <b>1<sup>st</sup> Deadline</b> | 6 <sup>th</sup> May 2018  | <b>Dan's</b> | 15€ | <b>Kup's</b> | 10€ |
| <b>2<sup>nd</sup> Deadline</b> | 13 <sup>th</sup> May 2018 |              | 20€ |              | 15€ |
| <b>3<sup>rd</sup> Deadline</b> | 18 <sup>th</sup> May 2018 |              | 30€ |              | 25€ |

- There will be no tolerance regarding the Deadlines.**
- Pairs & Trios: For each pair/team registration applies the above mentioned fees and deadlines.
- After May 18<sup>th</sup> no more registrations are allowed. Any change to the athletes Registration on the day of the event will be paid a fee of 50€ each).
- Entries will be validated only after payment confirmation.
- The registration fees to athletes or clubs that do not attend or are late will not be refunded.

### Payment subscriptions

Transfer: **IBAN: PT50 0035 0109 00007169200 59**  
**SWIFT: CGDIPTPL – mencionar "TKDGAIA18\_NAME OF TEAM")**

Please send payment proof, identifying Team, to [opentkdgaia@gmail.com](mailto:opentkdgaia@gmail.com)



VI OPEN TAEKWONDO CIDADE GAIA  
INTERNATIONAL COMPETITION EVENT



## INFORMATION AND REGULATION FOR KYORUGUI

- Organization:** Associação de Taekwondo de Gaia (ATGAIA)
- Coordination:** Tiago Oliveira (+351 912154396)
- Event Director:** Tiago Oliveira (+351 919332085)
- Support:** Town Hall of Vila Nova de Gaia; União Freguesias de Serzedo e Perosinho; F.P.T, A.T.D.P., Transmorato. Expertmode, Lda
- Localization:** PAVILHÃO MUNICIPAL DA LAVANDEIRA - VILA NOVA DE GAIA  
**GPS: 41.1172955,-8.5938706**
- Refereeing** The head of Referees, will be timely nominated.  
All teams will have to submit a minimum of one referee to take part of the event.
- Competition:** **Saturday, 27<sup>th</sup> of May**, Kyorugui competition, all categories till Junior.
- Registration:** **Online on website [www.tpss.eu](http://www.tpss.eu) help: (+351) 919 332 085)**
- Prizes:** 1st, 2nd and 2 3rd places.  
**Under 12. Non-medallists athletes receive 1 participation prize**  
1st, 2nd and 3rd places Trophies for Teams
- Participation** For Invited clubs, **registrations are limited.**  
Open to Athletes of all ages and grades.

### Program

| SUNDAY, 27 <sup>TH</sup> OF MAY (KYORUGUI) |                                |
|--------------------------------------------|--------------------------------|
| 08h00                                      | ARRIVE /TEAMS CHECK-IN         |
| 08H15                                      | CREDENCIAÇÃO                   |
| 08H45                                      | DELEGATES AND REFEREES MEETING |
| 09H00                                      | START COMPETITION              |
| 19h30                                      | PRIZE DELIVERY                 |
| 20H30                                      | CLOSURE                        |



## JUNIOR AND CADETS CATEGORIES

| JUNIOR (2003-2001) |      | CADETS (2006-2004) |      |
|--------------------|------|--------------------|------|
| FEMALE             | MALE | FEMALE             | MALE |
| -42                | -45  | -29                | -33  |
| -44                | -48  | -33                | -37  |
| -46                | -51  | -37                | -41  |
| -49                | -55  | -41                | -45  |
| -52                | -59  | -44                | -49  |
| -55                | -63  | -47                | -53  |
| -59                | -68  | -51                | -57  |
| -63                | -73  | -55                | -61  |
| -68                | -78  | -59                | -65  |
| +68                | +78  | +59                | +65  |

### Regras Competição:

1. Without minimum graduation.
2. WT rules;
3. 3 rounds of 1,5 minutes with 45 seconds of break time.

## PRÉ-CADETS AND INFANTS

| PRÉ-CADETS (2008 – 2007) |      | INFANTS (2010-2009) |      |
|--------------------------|------|---------------------|------|
| FEMALE                   | MALE | FEMALE              | MALE |
| -31                      | -33  | -25                 | -27  |
| -34                      | -37  | -28                 | -31  |
| -37                      | -41  | -31                 | -35  |
| -40                      | -45  | -34                 | -39  |
| -43                      | -49  | -37                 | -43  |
| -46                      | -53  | -41                 | -47  |
| -50                      | -58  | -46                 | -52  |
| +50                      | +58  | +46                 | +52  |

### Regras Competição:

4. Without minimum graduation.
5. WT rules adapted;
6. 2 rounds of 1,5 minutes with 45 seconds of break time.
7. This categories can score head-kicks but is required the use of helmet with visor.



## Weighing

### Authorized locations for weighing:

- PAVILHÃO MUNICIPAL DA LAVANDEIRA - Street Almeida Garrett 4430-300 Oliveira do Douro – 26 of May – 19:00 till 20:00;
- PAVILHÃO MUNICIPAL DA LAVANDEIRA - Street Almeida Garrett 4430-300 Oliveira do Douro – 27 of May – 7:30 till 8:30;
- TAEKWONDO - UNIÃO SPORT CLUBE MIRA-SINTRA - Street 8 de Março, Mira-Sintra – 24 of May – 19:00 till 20:30;

### Deadlines & Fees

| Date                           |                           | Competition                | Fee | Competition                   | Fee |
|--------------------------------|---------------------------|----------------------------|-----|-------------------------------|-----|
| <b>1<sup>st</sup> Deadline</b> | 6 <sup>th</sup> May 2018  | <b>Cadets and Juniores</b> | 15€ | <b>Pré-Cadets and Infants</b> | 15€ |
| <b>2<sup>nd</sup> Deadline</b> | 13 <sup>th</sup> May 2018 |                            | 20€ |                               | 20€ |
| <b>3<sup>rd</sup> Deadline</b> | 18 <sup>th</sup> May 2018 |                            | 30€ |                               | 25€ |

1. **There will be no tolerance regarding the Deadlines.**
2. After May 18<sup>th</sup> no more registrations are allowed. Any change to the athletes Registration on the day of the event will be paid a fee of **50€** each).
3. Entries will be validated only after payment confirmation.
4. The registration fees to athletes or clubs that do not attend or are late will not be refunded.

### Payment subscriptions

Transfer: **IBAN: PT50 0035 0109 00007169200 59**  
**SWIFT: CGDIPTPL – mencionar "TKDGAIA18\_NAME OF TEAM")**

Enviar comprovativo identificando a equipa para [opentkdgaia@gmail.com](mailto:opentkdgaia@gmail.com)





# VI OPEN TAEKWONDO CIDADE GAIA

## INTERNATIONAL COMPETITION EVENT



### Referees

- Participating Clubs must appoint at least referee for the event. Teams may not participate without the referee.
- Organization will provide food and water during the event and a **grant**.

### Teams scoring points

1. 1<sup>st</sup> Place: 7 points; 2<sup>nd</sup> Place: 3 points; 3<sup>rd</sup> Place: 1 points.
2. Team prizes: 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for Poomsae (Saturday) and Kyorugui (Sunday);
3. In case of Draw, the best result of the oldest category will decide.

### Expenses and Medical Liability

All expenses and medical liability will be the responsibility of the team.  
The organization is not responsible for any physical damage that may occur.  
The Organization is not liable for property damage or theft occurred during competition.

### General Rules

Regulations may change, in this case information will be provided as soon as possible.  
Access to the competition area will be limited.  
Only accredited athletes and coaches have access to the competition area of the Pavilion.  
The contestants should act within the spirit of Taekwondo and Sports Ethics, They will act with civility, under penalty of their teams being expelled from the competition.

### Protests

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to the Organization after the indication of the note by the judges, together with payment (100€). Regardless of the direction of the organization's decision there is no refund value.  
Decision of the Organization is not subject to appeal.

### Omissions

If any missing / incongruity it will be resolved by the Technical Committee of the Open and shall be definitive.  
The Technical Committee is composed by the Event Director and Referee Director.



## RESPONSABILITY DECLARATION

I \_\_\_\_\_ in the quality of \_\_\_\_\_

Representing the Club \_\_\_\_\_

In the **VI Open Taekwondo – Cidade de Gaia Poomsae and Kyorugui** taking part in 26<sup>th</sup> and 27<sup>th</sup> May 2018,

I understand and accept the above mentioned rules and regulations;

By registering the athletes through the Club I represent, and signing this document, I am sure that the athletes gather the necessary conditions for participation and have the mandatory sports insurance;

The Team Delegate is responsible for all acts committed by team members and any associated person. He is also responsible for accompanying any athlete to the Hospital, in non-urgent medical situations.

Also collects the proper permits participation by the Guardians of underage athletes.

The Club President

\_\_\_\_\_

\_\_\_\_\_, \_\_\_\_\_ de \_\_\_\_\_ de 20\_\_\_\_

This responsibility term must be signed by the Club/Team President or by the Team Delegate and send before the beginning of the Event.



**VI OPEN TAEKWONDO CIDADE GAIA**  
INTERNATIONAL COMPETITION EVENT



**PARTICIPATION AUTORIZATION FOR MINORS**

I, \_\_\_\_\_ with ID card No. \_\_\_\_\_  
Valid until \_\_\_\_/\_\_\_\_/\_\_\_\_, as \_\_\_\_\_ of the  
club \_\_\_\_\_ Declare that the below mentioned athletes, all  
of them minors by law, have been authorized to participate by their Legal Keepers in the “**VI Open Taekwondo - Cidade de Gaia**” – Poomsae and Kyorugui taking place on the 26<sup>th</sup> e 27<sup>th</sup> May 2018 in Vila Nova de Gaia.

I also declare that they eligible to participate in this event.

| Full Name | ID Card No. | Birth Date |
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\_\_\_\_\_, \_\_\_\_ of \_\_\_\_\_ of 20\_\_\_\_

\_\_\_\_\_  
(signature)