



5th Open ILYO Poomsae & Free Style

Saturday, September 30th, 2017



Organisation [Taekwondo ILYO Aarschot Belgium](#) - under the auspices of the [Flemish Taekwondo Union \(VTB\)](#), with the cooperation of the sports council and the sports department of Aarschot.

Licence **Belgian participants** : valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.
Foreign participants : valid license of a recognized taekwondo federation that offers WTF taekwondo.
No valid license (with photo/identity card) means no participation.

Regulations [VTB/WTF-regulations 2017](#)
All competitors participate at their own risk.
All age limits are based on the year of birth. Example: Someone who was born in 2002, will be 15 years old in 2017 and will compete in the category 15-17 years old on the 30th of September.
Regulation for spectators : [disciplinary regulations VTB vzw](#) en [RIO VTB vzw](#)

Class

A: 1 ^{ste} dan/poom and higher	}	<u>poomsae reach</u> : see tables in attachment
B: 4 th - 1 st kup		
C: 8 th - 5 th kup		
D: 10 th - 9 th kup		

A-Class : BY DRAWING LOTS – announcement on www.taekwondo.be from 27/09

B, C & D-Class : FREE TO CHOOSE – but required to register at www.tpss.eu before 24/09

A	1st round: 2 forms,	2nd round: 2 forms,	final: 2 forms
B	1st round: 1 form,	2nd round: 1 form,	final: 2 forms
C	1st round: 1 form,	2nd round: 1 form,	final: 2 forms
D	1st round: 1 form,	2nd round: 1 form,	final: 1 form

Categories

POOMSAE:

Individual Male/Female separate : A, B, C, D
Age up to 8 y/o, 9-11, 12-14, 15-17, 18-30, 31-40, 41-50, 51-60, 61-65, ≥66 years old

Pair 1 Male + 1 Female together : A, B, C, D
Age up to 11 years old, 12-14, 15-17, 18-30, ≥31 years old

Team 3 Males or 3 Females together – not mixed : A, B, C, D
Age up to 11 years old, 12-14, 15-17, 18-30, ≥31 years old

Para-tkd Male/Female separate – only individual: A, B+C+D (1 group)
P-20 class 12-15 years old, 16-29j, ≥ 30j years old
P-30 class 12-15 years old, 16-29j, ≥ 30j years old
Each participant is free to choose 1 poomsae, there will be 1 round only.

Family **only for participants of one and the same family**, nr of part. and race: free grade and age: without conditions, poomsae: 2 forms free to choose
Prior registration by mail info@ilyo.be (€ 10 / participant) indicating club, team name and number of participants;
example: ILYO, team Jones, 3 participants
Registration on the spot (€ 15 / participant)

FREE STYLE:

Individual	Male/Female separate :	A,	B+C+D (1 group)
Age	up to 17 years old, ≥ 18 years old		
Pair	1 Male + 1 Female together :	A,	B+C+D (1 group)
Age	up to 17 years old, ≥ 18 years old		
Team	3 Males or 3 Females together – not mixed :	A,	B+C+D (1 group)
& Mixed team	2 Males + 3 Females or 3 Males + 2 Females :	A,	B+C+D (1 group)
Age	aged 12 years and older		
Music	min 60 – max 70 sec - bring your music on CD or USB		
Obligatory	Dwit kubi, Beom seogi, Hakdari soegi		

System Cut off system

Time Table 8h30-9h30 Registration
10h30 Start of the competition

Subscription www.tpss.eu – at the latest Sunday, September 24th

All participants that are signed in, must be paid for. No refunds.

Payment in advance : via bank transfer 20€/ind, 25€/pair, 30€/team-mix, 10€/participant family

Mail your proof of payment to info@ilyo.be,

the amount has to be on our account at the latest on the day before the tournament.

Taekwondo ILYO vzw **IBAN: BE59 0017 3190 8526 – BIC: GEBABEBB**

Reference: Club name + POOMSAE + number of participants (ind/pair/team/mix/family)

Payment on the tournament : cash 25€/ind, 30€/pair, 35€/team-mix, 15€/ participant family

Trophies Individual - pair - team/mix: trophy 1st - 2nd - 3rd place
Club trophy 1st - 2nd - 3rd place
Trophy for club travelled the greatest distance (2016 Club Victory – RUS)
Challenge Cup for club with the largest number of participants (2016 Sportcentre Reflex – NED)

Entry Spectators 7€ - up to 12 years old: free entrance
Coach Free entrance for 1 coach per 5 participants with a maximum of 3 coaches at least 18 years old, in a tracksuit and sports shoes.

Venue Address Stedelijk Sportcentrum Demervallei - Demervallei 8, 3200 Aarschot
Itinerary On the E314, take exit 22, direction CENTRUM, follow the signs "PARKING CENTRUM"

Information e-mail info@ilyo.be
telephone +32 495 71.30.79 - Johan Alles
website www.ilyo.be

Referees Coordinator Mustapha Moutarazak – m.moutarazak@hotmail.com

Partners



Attachment

Table A-class –1st Dan/Poom and higher

POOMSAE by DRAWING LOTS

announcement on www.taekwondo.be from 27/09

1st round: 2 forms - 2nd round: 2 forms - final: 2 forms

INDIVIDUAL	
Age	Poomsae reach
Up to 8 years old	Taegeuk 1,2,3,4,5,6,7,8
9-11	Taegeuk 2,3,4,5,6,7,8, Koryo
12-14	Taegeuk 3,4,5,6,7,8, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
18-30	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
31-40	
41-50	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
51-60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65	
≥66	

PAIR	
Age	Poomsae reach
Up to 11 years old	Taegeuk 2,3,4,5,6,7,8, Koryo
12-14	Taegeuk 3,4,5,6,7,8, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
18-30	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
≥31	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

TEAM	
Age	Poomsae reach
Up to 11 years old	Taegeuk 2,3,4,5,6,7,8, Koryo
12-14	Taegeuk 3,4,5,6,7,8, Koryo, Keumgang
15-17	Taegeuk 4,5,6,7,8, Koryo, Keumgang, Taebaek
18-30	Taegeuk 6,7,8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
≥31	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon

Table B-class – 4th - 1st kup**POOMSAE FREE TO CHOOSE**but required to register at www.tpss.eu before 24/09

1st round: 1 form - 2nd round: 1 form - final: 2 forms

INDIVIDUAL	
Age	Poomsae reach
Up to 8 years old	Taegeuk 1,2,3,4
9-11	
12-14	Taegeuk 1,2,3,4,5,6,7
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66	

PAIR	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2,3,4
12-14	Taegeuk 1,2,3,4,5,6,7
15-17	
18-30	
≥31	

TEAM	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2,3,4
12-14	Taegeuk 1,2,3,4,5,6,7
15-17	
18-30	
≥31	

Table C-class – 8th -5th kup

POOMSAE FREE TO CHOOSE

but required to register at www.tpss.eu before 24/09

1st round: 1 form - 2nd round: 1 form - final: 2 forms

INDIVIDUAL	
Age	Poomsae reach
Up to 8 years old	Taegeuk 1,2
9-11	
12-14	Taegeuk 1,2,3
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66	

PAIR	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2
12-14	Taegeuk 1,2,3
15-17	
18-30	
≥31	

TEAM	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2
12-14	Taegeuk 1,2,3
15-17	
18-30	
≥31	

Table D-class – 10th - 9th kup

POOMSAE FREE TO CHOOSE

but required to register at www.tpss.eu before 24/09

1st round: 1 form - 2nd round: 1 form - final: 1 form

INDIVIDUAL	
Age	Poomsae reach
Up to 8 years old	Taegeuk 1,2
9-11	
12-14	
15-17	
18-30	
31-40	
41-50	
51-60	
61-65	
≥66	

PAIR	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2
12-14	
15-17	
18-30	
≥31	

TEAM	
Age	Poomsae reach
Up to 11 years old	Taegeuk 1,2
12-14	
15-17	
18-30	
≥31	

Airport :

For your own comfort and budget, **please use Brussels National Airport (Zaventem) and try to avoid Brussels South (Charleroi).** From Brussels (Zaventem) Leuven and Aarschot are **directly accessible by train : Leuven only 20' and Aarschot 45' !**

Accommodations :

youth hostel – hotel - B&B - campsite

AARSCHOT : **A** smaller town with a few hotels, a number of B&B and a free campsite at the venue

LEUVEN : **L** large town about 20 km and 20 min away, with an interesting youth hostel and a lot of hotels.
If you take the short trip between Leuven and Aarschot (only 10' and 2,10 €), we provide jointly transportation to and from the train station and the competition hall.

WESTERLO : **W** small village about 15 km and 20 minutes away with an interesting youth hostel

youth hostel : very interesting and budget friendly !

de blauwput : **L** 116 beds in 28 en suite rooms with own shower and toilet.

Modern city youth hostel in university city Leuven very near the train station.

boswachterhuis : **W** 82 beds in 12 en suite rooms (own shower & toilet), and 5 rooms with shared bathroom.

A forester's house which has been renovated and equipped with all modern comforts, respecting its original charm. Quietly located along a nature reserve.

hotel : comfort and privacy

's Hertogenmolens *** : **A** 25 stylish rooms

Located in an old Water Mill very much in the city center, close to the competition hall (2 km)

IBIS budget hotel Leuven * : **L** 139 modern and comfortable double or triple rooms

Ibis Budget Leuven Centrum is located in the centre, near the train station and restaurants. The rooms have free Wi-Fi throughout. An all-you-can-eat breakfast buffet is served in the hotel's lounge.

B&B : home coziness

bed and breakfast : **A**

A few nearby, usually with little capacity, if you like there are more to be found.

campersite : absolute freedom

A campsite for camper vans or caravans is right at the competition hall.

The showers and toilets of the sports center may be used.

The campsite is free for participants of the OPEN ILYO, but you have to book in advance !

Partners

