

1st Ilyo Cup 2017, Agility & Kick

Supervision:

Slovak Taekwondo Association WT

Organisation:

Ilyo-Taekwondo, SKP Kosice

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Place and date:

Stredná odborná škola železničná

Palackého 14, Košice, Slovakia

Sunday 19. 11. 2017

Participants (Male / Female):

Pupils 1 (6 years and younger)

Pupils 2 (7 - 8 years)

Younger Cadets (9 - 11 years)

Cadets (12 - 14 years)

Graduation:

Class B: 10th - 5th Kup

Class A: from 4th Kup

Time table:

Saturday 18.11.2017

16:00 - 21:00 Registration and weigh-in

(Sport Hall, Palackého 14)

Sunday 19.11.2017

There will be NO registration on Sunday morning !!!

9:00 Head of teams meeting, Referees meeting

9:30-19:00 Contests

19:00-20:00 Award ceremony

Etry fee:

For each contestant **15 EUR.**

Registration:

Online registration: www.tpss.eu

Deadline: 15. 11. 2017 at 23:59.

Liability:

All competitors are considered to participate at their own risk. Slovak Taekwondo Association and Organising Committee assume no responsibility for any damages, injuries and losses.

Accommodation:

Contact organisation committee till **10. 11. 2017 !!!**

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Rules:

Zemita E-Sparring System (ZESS) - competition without risk of injury for all.



Zemita device can send a hit value to a mobile device through a Bluetooth transmitter and can use it to perform various measurements and games.

Disciplines:

1. Agility - hurdles, run, ladders and kick to target.
2. Fighters game - two players kicking to target, win one who will have higher score.
3. Reaction and speed - kick to target with different techniques



Each fighter will attend all three disciplines. They will get points from each discipline and athletes with high scores will get medals (1st, 2nd and 3rd place).

